

Smoking

Key Stage 3

Aim of this lesson	This lesson aims to make students aware of the ban on smoking in public places. Also to get them to think about the impacts of smoking on both the commuting public and students themselves and to explore public perceptions associated with smoking.
Learning objective	Pupils should be able to explain the health implications associated with second hand smoke and the negative opinions it causes members of the public to form.
National curriculum	See links to the national curriculum document.
Context	Smoking is now widely recognised as a form of anti-social behaviour. Smoking in all enclosed public spaces became illegal in England in July 2007. The perception that is created by people smoking on the public transport network is one that the PTE's across the country are working hard to combat. The smoking in public ban has been enforced to reduce the health risks of exposure to second hand smoke.

<p>Introduction</p>	<p>Introduce the topic and the aims of this lesson</p> <p>Ask your class what they know about the smoking ban in public places. Ask them to elaborate on what they define a public place to be. Do they think that there are exceptions to this rule? Do they think that there should be exceptions to this rule?</p> <ul style="list-style-type: none"> • Smoking is now banned in all public places with very few exceptions. • It is enforced by Environmental Health Officers that work in conjunction with local council authorities. • Officers issue warnings, advice and if necessary can issue fines of up to £80. • Smoking under the age of 18 isn't a criminal offence but selling products containing tobacco to someone under the age of 18 is. <p>The suggested activities below will help you to further explore smoking and the affects it has on the community in more detail.</p>
<p>Activity one</p>	<p>Identify the risks of exposure to second hand smoke:</p> <p>Non-smokers exposed to second-hand smoke have an increased risk of coronary heart disease, stroke and lung cancer. It can also decreases lung function and increases the severity of Asthma.</p> <p>Second hand smoke is responsible for over 11,000 deaths a year, it contains over 70 cancer causing chemicals and even brief exposure can damage cells in a way that sets the cancer causing process in motion.</p>

	<p>Split your students into groups. Get them to discuss the effects of second hand smoke.</p> <p>Ask them to put themselves in situations where they may have been exposed to smoke and describe how it made them feel? It is important to prompt discussions about the impact this may have had on their wellbeing. If they themselves smoke are they aware of the impact this has on others?</p>
Activity Two	<p>Ask your students to come up with an initiative to prevent smoking on the public transport network.</p> <p>Think about what resources are already in place for this. What stance do they think this sort of initiative should take? Possible ideas could include: poster campaigns, media exercises, enforcement patrols, peer to peer learning exercises, letters of petition to councillors or a local MP.</p> <p>Get them to think about what the campaign would want to highlight. What affects do they want the public to be aware of? Get them to think about the perceptions that smoking on a bus can convey and how they may want to tackle that.</p> <p>This exercise can be done independently, in groups, at home or in the classroom. Discuss with the students how you envisage this information being presented back to you.</p> <p>This is a great opportunity to develop student's research skills. You may wish to encourage students to use visual aids to support their findings or do more research into the long term effects of smoking potentially using case studies or short films to illustrate their research.</p>
Lesson Summary	<p>At the end of this lesson students should be aware of the impactful nature that smoking in a confined space can have. They should have a clear knowledge and understanding of the consequences and outcomes of their actions and the preventative methods that may be available.</p>